

Manometry w/pH study (OFF PPI) Prep Instructions



**FOLLOW THESE INSTRUCTIONS EXACTLY OR YOUR PROCEDURE WILL BE CANCELLED.
If questions, call the office: (978) 459-6737, option 5.**

5 DAYS BEFORE

- Stop all antacid medications** such as famotidine (Pepcid), cimetidine, ranitidine (Zantac), rabeprazole (Aciphex), esomeprazole (Nexium), lansoprazole (Prevacid), omeprazole (Prilosec, Zegerid), pantoprazole (Protonix), and dexlansoprazole (Dexilant). You can take gaviscon (over the counter) instead until the day before your procedure. **If any questions, call 978-459-6737, option 5.**

1 DAY BEFORE

11 P.M.

- Do not eat or drink anything after 11 P.M. No gum or candy. You cannot use marijuana of any kind after 11 P.M.

THE DAY OF

7 A.M.

- Do not eat or drink anything today or your procedure will be cancelled. No gum or candy.
- DO NOT take medications that affect gut motility (metoclopramide/Reglan, erythromycin, domperidone/Motilium). **If any questions, call 978-459-6737, option 5.**
- If you are on insulin for diabetes, take 1/2 your normal morning dose. Take your other medications as usual unless instructed to stop (see appointment page).
- Remove all mouth piercings prior to coming for your procedure.
- Be available by phone all day in case we need to reach you regarding your procedure.

ENDOSCOPY LOCATION

Lowell General Hospital Main - 2nd Floor
295 Varnum Ave, Lowell, MA
(978) 937-6049